

## **Illness Attendance Policy Updated March 2024**

The CDC has now issued guidelines applying to all respiratory illness (makes much more sense to me). Overall our community has low occurrence of flu, RSV and covid – but it is still out there. The health and safety of our patients is always our top priority. We have pregnant patients, those who are recovering from surgery or cancer and some with additional health concerns that put them at higher risk for severe illness.

**If you are ill (fever, cough, runny nose) stay home** until the symptoms have been gone for 24 hours - Please do not come into the office. It is best to transfer to telehealth. [Check out more information on Telehealth](#)

**Wear a mask for an additional 5 days after your** symptoms of fever, cough, runny / stuffy nose, and sore throat are gone. It is still possible to spread the illness.

- Please let Beth and/or Leatha know if you or your doctor prefer mask on. Some groups of people should still consider wearing a mask in a closed room like therapy.
- Hand sanitizer is available as needed

This policy will be under constant review with guidance from CDC and professional organizations for the health and safety of patients and staff.

**Please call and cancel if you have any doubt about whether you have symptoms or have possibly been exposed.**