

Bladder Diary Analysis

Patient's name _____ Age _____ Male Female

Day bladder pattern

	Patient's value	Norms	Interpretation
V24			
F24			
$V_{ave} = V24/F24$			
Vmax			
Max day voiding interval			
Total of day voiding intervals		-----	
Ave day voiding interval per day = Total of day voiding intervals / day time frequency - 1			

Night bladder pattern

	Patient's value	Norms	Interpretation
Vn			
Fn			
$NPi = Vn/V24 \times 100 = \%$			
# of minutes sleeping		-----	
$Pn = Vn/\text{min asleep}$		-----	
$P24 = V24/1440$		-----	
$Pn/P24 \times 100 = \%$			
$NBCi = Fn - (Vn/V_{max} - 1)$			

Fluid

	Patient's value	Norms	Interpretation
Total fluid intake		9 c female, 13 c male	
Irritant intake		-----	

Leakage type per ___ days

SUI _____

UII _____

Discovered _____

Number of pads _____

Type of pad _____

Leak volume per ___ days

1 _____

2 _____

3 _____

Desire to void per ___ days

0 _____

1 _____

2 _____

3 _____

4 _____

Possible impairments

- Global polyuria
- Daytime frequency – increased, decreased, normal
- Diary bladder capacity – low or normal
- Day voiding interval – low or normal
- Bladder sensation – normal, increased, decreased, absent
- Leakage types
- Nighttime frequency – increased, decreased
- NPi – nocturnal polyuria, normal
- Pn/P24 ratio – nocturnal polyuria, normal
- Night time bladder capacity – low, normal