

## Bladder Diary Analysis

Patient's name \_\_\_\_\_ patient example #one \_\_\_\_\_ Age \_\_\_\_ 60 \_\_\_\_ **Male** Female

### Day bladder pattern

	Patient's value	Norms	Interpretation
V24	2625	1750	High
F24	11	7-7.5	High
Vave = V24/F24	238.63	255-325	Low
Vmax	350	650	Low
Max day voiding interval	4		WNL
Total of day voiding intervals	19	-----	
Ave day voiding interval per day = Total of day voiding intervals / day time frequency - 1	2.1	2-4	Low

### Night bladder pattern

	Patient's value	Norms	Interpretation
Vn	550	446	WNL
Fn	1	0.4	WNL
NPi = Vn/V24 x 100 = %	20.95%	26.6%	WNL
# of minutes sleeping	360 min	-----	
Pn = Vn/min asleep	1.52	0.99	Slightly high
P24 = V24/1440	1.82	-----	
Pn/ P24 x 100 = %	83.5%	84.95%	WNL
NBCi = Fn-(Vn/Vmax-1)		Less than 1.3	

### Fluid

	Patient's value	Norms	Interpretation
Total fluid intake	2070 ml, 8.6 c	8 to 13 c male	WNL
Irritant intake	0	-----	WNL

### Leakage type per   1   days

SUI \_\_\_\_\_ 2 \_\_\_\_\_

UUI \_\_\_\_\_ 3 \_\_\_\_\_

Discovered \_\_\_\_\_ 0 \_\_\_\_\_

Number of pads \_\_\_\_\_

Type of pad \_\_\_\_\_

### Leak volume per   1   days

1   4  

2   1  

3   0  

### Desire to void per   1   days

0   2  

1   2  

2   5  

3   1  

4   0  

### Possible impairments

- Global polyuria
- Daytime frequency – **increased**, decreased, normal
- Diary bladder capacity – **low** or normal
- Day voiding interval – **low** or normal
- Bladder sensation – **normal**, increased, decreased, absent
- Leakage types - **MUI**
- Nighttime frequency – increased, decreased
- NPi – nocturnal polyuria, **normal**
- Pn/P24 ratio – nocturnal polyuria, **normal**
- Night time bladder capacity – low, **normal**